



# THE FOOTBALL ACADEMY



Are you a committed & talented football player?

Improve & develop your football & further your education

The Football Academy is a partnership between Colchester United FC, Maldon & Tiptree FC, and Chelmsford College that offers football players aged 16-18 a fantastic opportunity to develop their football while studying to back up their playing careers.

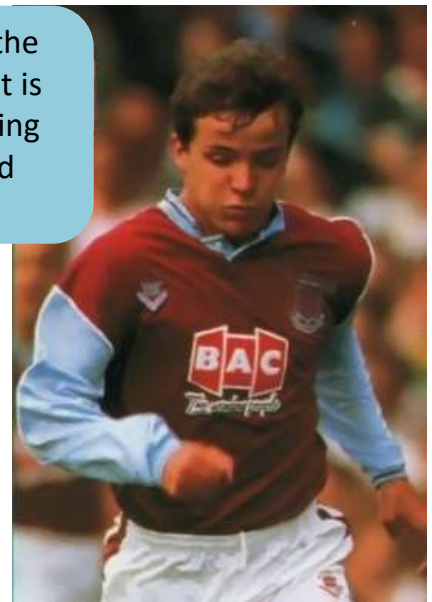


JOIN A WINNING TEAM NEXT SEASON

The Football Academy is designed to simply stop talented young football players from falling through the net, to give them an opportunity to progress their football, to educate them at Level 2 and Level 3 and to prepare them for employment or university.

The programme provides young footballers and coaches with the opportunity to develop their skills and showcase their talent. It is my aim to help and support talented young individuals, providing them with the best education, training, football networks and sporting facilities to help them realise their full potential.

**Stuart Slater** – Former West Ham Legend and key member of the player and coaching development staff.



For further information or to express interest in joining The Football Academy contact us on: **01245 293119** or **cornwelld@chelmsford.ac.uk**

# OPPORTUNITIES

The Football Academy was formed in August 2011 with an aim to recruit enthusiastic football players with different levels of ability who strive to improve their skills and overall game by attending a full time training programme whilst studying a course of their choice.

After a series of training sessions, the selected players have a choice of studying a two year BTEC Level 3 Extended Diploma in Sport and Exercise Sciences, a BTEC Level 3 Extended Diploma in Business or a BTEC Level 3 Extended Diploma in Public Services (all are subject to suitable GCSE grades).



There is also the Professional Coaching Skills Programme (one year) available which incorporates many NGB qualifications. From this, some go on to sign contracts with professional or non-league clubs, complete an apprenticeship in Activity Leadership or PE and School Sport, find other employment or go on to university.



The players train and play in competitive leagues every Wednesday afternoon. Some will get the opportunity to play in the FA Youth Cup and may progress to 1<sup>st</sup> team football and go on to play at an even higher level.

Player's college courses are tailored so they can attend football training on Monday, Tuesday and Friday and play matches every Wednesday during the football season.



# APPRENTICESHIP



## **Who do I work for if I become an apprentice?**

Some players may eventually apply for an apprenticeship and become employed. They would be employed to work within schools and the community where they will plan and deliver coaching sessions to children. All apprentices are contracted to study and work between 16-30 hours per week which includes training, playing and coaching.

The work within the community, which is tailored around football training, means you can easily access the Football Academy. All apprentices are well trained and are never left to work on their own unless senior coaching staff feel they are confident enough to work with a small group of children.

Some of the work may be in the evening where you could work with club teams and assist their team manager. There could also be work at the weekend and you may be asked to attend the match days to work with the young players. Schools will require apprentices to work either at breakfast/lunchtime clubs, PPA cover or during after-school clubs.

## **How to apply:**

Call 01245 293031

# ACADEMIC COURSES

## BTEC Level 3 Extended Diploma in Sport and Exercise Sciences

### **Description of Course**

Sport and Exercise Science examines sports performance from a number of different perspectives. From the basis of human performance in anatomy and exercise physiology to investigating the mind of performers in sports psychology and sports coaching. Throughout the course, learners will engage in theoretical and practical study covering 18 units across the 2 years. In addition in the first year, students will get the opportunity to gain a HSE recognised First Aid qualification and complete the Level 2 Award in Community Sports Leadership and the Level 3 Award in Higher Sports Leadership in the second year.

### **Method of Assessment**

Learners are assessed throughout the course through a variety of activities including assignment work, presentations exams and practical activities.

### **Progression Opportunities and Careers**

Sports related courses at degree or HNC/HND level or employment.

### **Entry Requirements**

A minimum of 4 GCSEs grade C or above or a Pass grade at a relevant Level 2 Vocational Course.

### **Additional Costs**

First Year: Uniform approx. £85

### **Additional Information:**

Football training and matches will be tailored around your studies so that you can access the full time football academy based at Chelmsford City FC.

### **How to apply:**

Call 01245 293031

# Professional Sports and Coaching Skills Programme

The professional Sports and Coaching Programme allows keen young sportsmen and women the chance to learn new coaching skills whilst undertaking work-based related qualifications.

The programme lasts 35 weeks (College term time) and candidates will learn how to improve their communication and organisational skills whilst gaining National Governing Body qualifications.

All candidates will take part in both classroom and practical activities which may include maths and English , if GCSE 'C' grades were not achieved at school. The programme will prepare young people for sports based work roles or academic sports programmes at college.

These are the qualifications being delivered:

- Level 2 Certificate in Supporting Learning in PE and School Sport (1<sup>st</sup> 4Sport)
- Level 2 Award in First Aid for Sport (1<sup>st</sup> 4Sport)
- Level 1 Award in Fitness and Physical Activity (YMCA)
- Level 1 Award in Coaching Football (1<sup>st</sup> 4Sport) \* Optional
- Level 2 Award in Sport Leadership (Sport Leaders UK)
- Level 2 Certificate in the Principles of Coaching Sport (1<sup>st</sup> 4Sport)
- English Language if required
- Maths if required
- Work experience within Sport and Leisure

## **Entry Requirements:**

It would be expected that candidates had already gained a minimum of 2 GCSEs Grade D or above and provide a letter of recommendation from your school/club detailing your commitment to coaching.

## **Cost of Uniform:**

Approximately £85 in the first year

## **Length of Programme :**

1 Year (College term time). Please note that DBS check may be required. Cost £44

## **Progression Opportunities and Careers:**

BTEC level 3 in Sport and Exercise Sciences or an application can be made for an Apprenticeship in Sports coaching.

## **How to apply:**

Call 01245 293031

# BTEC Level 3 Extended Diploma in Business

## Description of Course

This course aims to provide practical skills that may be transferred to a business environment.

Units studied include:

Year 1: the business environment, business resources, marketing, business communication, business accounting, managing a business event, internet marketing in business, developing teams in business and creative product promotion.

Year 2: management accounting, understanding retailing, starting a small business, recruitment and selection in business, human resource management in business, career development and impact of communication technology in business.

## Method of Assessment

Internally assessed coursework and controlled assessments

## Progression Opportunities and Careers

You may progress to higher education or employment

## Entry Requirements

A minimum of 4 GCSEs grade C or above or a pass grade at a relevant Level 2 vocational course

## Specific Entry Requirements

GCSE English or maths at grade C or above. It is preferable that either IT or Business Studies should have been studied at GCSE level

## Additional Qualifications Studied

Full time learners may have to undertake other qualifications as a compulsory part of their study programme. This is likely to include maths and/or English, dependant on the entry qualifications of the individual learner and funding for courses in 2015/16. These additional qualifications may vary according to the conditions of the main programme of study and/or government regulations existing at that time.

## Cost of Uniform

Approx £85 in the first year

## How to apply:

Call 01245 293031

# BTEC Level 3 Extended Diploma in Public Services

## Description of Course

This is a two year preparation course for those with an interest in joining one of the uniformed public services. Learners study a mix of core and specialist units each year to make up the level 3 qualification. These cover a variety of aspects relating to the work and skills needed within the public services. These may include job roles and responsibilities, discipline, teamwork and leadership, diversity and citizenship. Learners will be introduced to all of the public services and will meet operational members from many of the uniformed public services. They will also undertake a number of different enrichment activities related to the work of the services during their time on the course.

## Method of Assessment

Internally assessed coursework.

## Progression Opportunities and Careers

You may progress onto a degree in many subjects such as: Criminology, Sociology, Public Services and Forensic Science or apply for employment within the Public Services sector.

## Entry Requirements

A minimum of 4 GCSEs grade C or above or a Pass grade at a relevant Level 2 vocational course.

## Additional Costs

First year: Uniform approx. £125, Visits and Trips approx. £110

Second Year: Visits and Trips approx. £215, Academy kit approx. £85

## How to apply:

Call 01245 293031

# TEAMS

League Champions 2013/14, 2014/15 & 2015/16



The Football Academy currently runs 3 teams (2 are development teams that play in Division 2 and 3 of the British Colleges League). The 1<sup>st</sup> team plays in the National Football Youth Alliance, and they have won the league title 3 seasons out of the past 5, and in 2014/15 they remained undefeated for the entire season. Since our formation a number of players have progressed into senior non-league football, and two players have gone on to sign professional contracts with Championship sides Brighton & Hove Albion FC and Brentford FC.

We pride ourselves on achieving the highest standards, and feel we have one of the strongest academies outside of the Football League.



# FACILITIES



## Training

We train on a state of the art 3G AstroTurf.

## Training Times

Monday: 11.30am - 1.30pm

Tuesday: 1.15pm - 3.15pm

Friday: 11.30am - 1.30pm



## Match Day

Our 1<sup>st</sup> Team plays at Maldon & Tiptree FC (weather permitting). Alternatively matches take place on the 3G AstroTurf. The development teams play at Old Chelmsfordians Sports & Social Ground. All matches are on Wednesday.



## Indoor Training

We have access to fantastic indoor facilities at the College and Melbourne Athletics Centre. These include a running track and five a-side area, gym and exercise areas.



## Strength & Conditioning

Excellent gym facilities allow us to tailor training to ensure fitness levels are improved and maintained, including specially designed strength, conditioning, speed and agility programmes.

# STAFF



## **David Cornwell (Director of Football)**

David is a former Southend United player who holds the UEFA 'A' coaching license. David has coached in the UK for Tottenham Hotspur and helped develop players in the USA as a Director of Coaching.



## **Kirk Game (Academy Co-ordinator)**

Kirk is a former Southend United and Colchester United professional player, who holds the UEFA 'A' license. Kirk has coached in the UK for West Ham United in their Youth Academy and worked with teams in the USA. He is now a key figure in the development of our young players



## **Stuart Slater (Academy Coach)**

Stuart is a former West Ham, Celtic, Watford and Ipswich Town professional football player. He currently holds the UEFA 'B' License and has coached at West Ham United's Youth Academy. He has been the Director of Football for some leading clubs, organisations and schools.



## **Stefano de Felice (Academy Goalkeeper Coach)**

Stefano played in our academy championship winning team 2014/15 and showed he was an excellent goalkeeper. He now works within the academy set-up as a goalkeeper coach working with young keepers. Stefano signed for Coggeshall Town this season.



## **Hugo Skepelhorn (Academy Assistant Coach)**

Hugo progressed through the academy and fast became the league's top scorer during a very successful 3 year term. He is now a regular senior first team player with Chelmsford City FC and academy assistant coach and works with young players within the academy aged 16-18.

# SUCCESS STORIES



## **Joe Ward (Midfield/Striker)**

### **Studied - Apprenticeship in Activity Leadership/Sports Development**

As an exciting attacking midfield player, we soon realised Joe's potential and forwarded to West Ham United, his ability to run with the ball together with flare and an eye for goal attracted other professional clubs to watch him closely. He signed a professional contract with Brighton & Hove Albion in the Championship.



## **Aaron Greene (Defence/Midfield)**

### **Studied - Apprenticeship in Activity Leadership**

The left-sided player, capable of playing in defence or in midfield, came to the academy in season 2013/14. After playing a number of games for at senior level, Aaron attracted interest from a number of clubs and eventually signed a professional contract with Brentford FC playing in the Championship.



## **Rob Girdlestone (Defence)**

### **Studied - Apprenticeship in Activity Leadership**

Rob joined our academy from West Ham United, and his ability to join the attack from defence gained him a contract with Chelmsford City. He made his first team debut against Maldon & Tiptree FC in August 2014, and he recently signed for Concord Rangers for the 2016/17 season.



## **Harry Morgan (Midfield)**

### **Studies - BTEC level 3 in Sport and Exercise Sciences**

Harry joined the academy in August 2013/14 season and soon cemented a place at centre midfield. Many clubs watched him and after a stint with Ipswich Town FC, he is now a member of the Chelmsford City first team squad. Harry is currently on loan with Heybridge Swifts FC.



## **Hugo Skepelhorn (Striker)**

### **Studies - BTEC level 3 in Sport and Exercise Sciences**

Hugo was the academy's top goal and has progressed into an exciting striker with a hunger for success. He is currently a member of the first team squad at Chelmsford City and made his debut against Ipswich Town in a pre-season friendly in August 2014. Hugo is also an assistant coach at our academy.



## **Jack Barham (Defence/Midfield/Striker)**

### **Studies - Apprenticeship in Activity Leadership**

Jack has perhaps been one of the most progressive players to have joined the academy since the academy started. Jack's ability to turn defence into attack has made him into an exciting attacking full-back. Jack recently signed a contract with Heybridge Swifts after a trial with Colchester United.



## **Amir Berkane – Midfield**

### **Studies - BTEC level 3 in Business**

After a number of years with Ipswich Town, Amir joined the academy in August 2013/14 as a holding midfield player. He was recognised immediately as the future talent for Chelmsford City's first team, he has since moved to the USA to play.